



Dr. D. MANIAZHAGU
Assistant Professor

Contact

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Academic Qualifications: B.Sc., B.PEd., M.P.Ed., M.Phil., Ph.D., PGDCYNC., NIS (Cert)

Teaching Experience: 18 Years

Research Experience: 10 Years

Additional Responsibilities

1. NACC -Coordinator(Department level)
2. Member-Health club
3. Member- Centre for Nehru studies

Areas of Research

Identifications of varied training interventions effects on performance parameters

Research Supervision / Guidance

Program of Study		Completed	Ongoing
Research	Ph.D.	27	8
	M.Phil.	38	6

Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
43	39	39	22	3

Funded Research Projects

Completed Projects

S. No	Agency	Period		Project Title	Budget (Rs. In lakhs)
		From	To		
1	AURF	31-12-2009	28-07-2011	Effects of isolated and combined training of yogic practices and physical exercise on selected physical and physiological variables among rural students	.20
2	UGC	1-2-2010	31-01-2012	Effects of varied packages of Yogic practice on health related fitness physiological hematological and biochemical variables among obese women	4.02
3	ICSSR	25-03-2013	31-09-2015	Impact of physical training programmes on health related and pulmonary variables of women students	8.5

Ongoing Projects

S. No	Agency	Period		Project Title	Budget (Rs. In lakhs)
		From	To		
1	UGC	18-03-2015	18-03-2017	Effects of isolated and combined effects of aerobic dancing and resistance training on health related, physiological and lipid profile status of type 2 diabetic patients	19.5

Consultancy Projects

S. No	Agency	Period		Project Title	Budget (Rs. In lakhs)
		From	To		
1	ICSSR	1-03-2015	15-03-2015	Health States of Alagappa University and Mhaidol University. A comparative study on health related fitness, physiological and psychological parameters	5
2					

Others: MRP, Proposal submitted to ICSSR, New Delhi Rs. 15 lakhs

Distinctive Achievements / Awards

1. Best student award (1998)
2. MPhil-First Rank Holder(2001)
3. Best scientific paper award (2008,2009)
4. UGC-Research Award (2014)

Events organized in leading roles

Number of Seminars / Conferences / Workshops / Events organized: 10

- 1) Seminar-Organising Secretary -2
- 2) Conference-Coordinator -2
- 3) Organising committee members – 6

Events Participated

Conferences / Seminars / Workshops: 23

Other Training Programs

1. NIS Certificate Course- Volleyball, Kerala (1999)
2. NIS Certificate Course – Athletics Kolkata (2007)

3. ISAK, level I course,(2007)
4. Orientation Programme UGC-ASC, University of Kerala(2007)
5. Refresh Course UGC-ASC, Bharathiar University, Coimbatore(2010)
6. Special Olympics Programme, Singapore(2010)
7. ISAK, level II course,(2011)
8. Refresh Course UGC-ASC, University of Kerala (2012)

Overseas Exposure / Visits

1. Singapore
2. Thailand
3. The Netherland

Membership in

Professional Bodies

1. Life Member: National Association Physical Education and Sports Sciences (Amravati, Maharashtra)
2. Life Member: Asian council of Exercises and Sports Science (China)
3. Member of European College of Sports Sciences-(Germany)

Editorial Board

1. International Journal of Physical Education, Sports Management & Yogic Science, New Delhi.
2. International Journal of All Academic Research, New Delhi
3. International Journal of Physical Education Health and Sports Science, New Delhi
4. International Journal of Physical Education Sports and Yogic Science, Indore, MP.
5. International Journal of Physical Education Muzaffar Nagar, UP.
6. Rama Journal of Physical Education and Allied Science, Gulbarga, Karnataka

Academic Bodies (such as Board of Studies etc.,)

1. BOS-Periyar University

PhD, Thesis Adjudication

1. Annamalai University, Chidambaram
2. Bharathidasan University, Tiruchirapalli
3. TNPESU, Chennai

4. STRMU, Nanded (Maharashtra)
5. University of Kerala, Trivandrum
6. Dravidian University, Kuppam, AP

Resource persons in various capacities

Number of Invited / Special Lectures delivered: 10

Others

Articles published in Newspapers / Magazines

1. No. of PhD Thesis evaluated : 6
2. No. of PhD Public Viva Voce Examination conducted : 5
3. Social Interests and Initiatives / Articles in News papers etc can also be included
Conduct the health awareness programme for public and school going students in everyday. More than 80 peoples participating the programme. Many students were represented school level sports and games.

Recent Publications

JOURNALS

1. Maniazhagu, Malathi, (2016), "Effect of two modes of circuit training on speed", International Journal of Physical Education Sports Management and Yogic Science, Vol.6,/No.3, 1-6.
2. Malar, Maniazhagu, (2016), "An overview of integrative neuromuscular training", International 3R, Vol.4/ 5-7.
3. Malar, Maniazhagu, (2016), "Integrative neuromuscular training for children", International Journal of Physical Education Sports Management and Yogic Science Vol.6/No.3, 21-23.
4. Shekar Pratap Singh, Maniazhagu, (2016), "Relationship between selected physical fitness components and skill related variables among college men basketball players", International Journal of Physical Education Sports Management and Yogic Science Vol.6/No.1, 36-38.
5. J. Senthilnathan, Maniazhagu, (2016), "Effects of isolated and combined training of aerobic exercise and yogic practice on blood glucose of type 2 diabetes", International Journal of Physical Education Sports Management and Yogic Science Vol.6/No.1, 29-33.

6. Shekar Pratap Singh, Maniazhagu, (2016), "Relationship between selected physical fitness components and playing ability among college basketball players", International 3R, Vol.4/ 30-32.
7. J. Senthilnathan, Maniazhagu, (2016), "Effects of isolated and combined training of aerobic exercise and yogic practice on high density lipo protein of type 2 diabetes", International 3R, Vol.4/11-15.
8. M.Senthil, Maniazhagu, (2015), "Effect of aerobic and anaerobic training on inspiratory reserve volume of untrained college men", International Journal of Physical Education Sports Management and Yogic Science Vol.5/No.4, 25-28.
9. Jagadish Kumar, Maniazhagu, (2015), "Effects of interval training on treading and spinning on speed of untrained college women", International Journal of Physical Education Sports Management and Yogic Science Vol.5/No.4, 18-21.
10. Jagadish Kumar, Maniazhagu, (2015), "Effects of interval training on treading and spinning on cardio respiratory endurance of untrained college women", International Journal of Physical Education Sports Management and Yogic Science Vol.5/No.3, 34-37.
11. M.Senthi, Maniazhagu, (2015), "Effect of aerobic and anaerobic training on expiratory reserve volume of untrained college men", International Journal of Physical Education Sports Management and Yogic Science, Vol.5/No.3, 1-4.
12. Kurian Abraham, Maniazhagu, (2015), "Effects of circuit resistance training and super circuit resistance training on flexibility", International Journal of All Academic Research, Vol.2/No.11 & 12, 15-18.
13. Hemambara Reddy, Maniazhagu, (2015), "Effects of low intensity of aquatic and land plyometric training on muscular endurance", International Journal of All Academic Research, Vol.2/No.11 & 12, 11-14.
14. Akila, Maniazhagu, (2015), "Effects of different Intensity of bench step aerobic dance on expiratory reserve volume of untrained college women", International Journal of All Academic Research, Vol.2/No.11 & 12, 7-10.
15. Hemambara Reddy, Maniazhagu, (2015), "Effects of low intensity of aquatic and land plyometric training on speed", International Journal of Physical Education Sports Management and Yogic Science Vol.5/No.1, 16-19.
16. Kurian Abraham, Maniazhagu, (2015), "Effects of circuit resistance training and super circuit resistance training on speed", International Journal of Physical Education Sports Management and Yogic Science, Vol.5/No.1, 8-11.

17. Akila, Maniazhagu, (2015), "Effects of different Intensity of bench step aerobic dance on tidal volume of untrained college women", International Journal of Physical Education Sports Management and Yogic Science, Vol.5/No.1, 1-4.
18. James Zachariah, Maniazhagu, (2014), "Comparative effects of different sprint training on anaerobic power", International 3R, Vol.2/No.3, 20-23.
19. Tamilarasi, Maniazhagu, (2014), "Effects of combination of assisted and resisted sprint training on anaerobic power among male soccer players", International Journal of Physical Education Fitness and Sports, Vol.3/Issue 1, 22-30.
20. Kalai Arasi, Maniazhagu, (2014), "Effects of aerobic dancing and yogic practice on flexibility among college women students", International Journal of Physical Education Sports Management and Yogic Science, Vol.4/No.1, 51-53.
21. V.Senthil Kumar, Maniazhagu,(2014), "Effects of circuit resistance training on selected motor fitness variables", International Journal of Physical Education Sports Management and Yogic Science, Vol.4/ No.1, 37- 40.
22. Tamilarasi, Maniazhagu, (2014), "Effects of combination of assisted and resisted sprint training on Agility among male soccer players", International Journal of Physical Education Sports Management and Yogic Science, Vol.4/ No.1, 23-28.
23. Vadivel, Maniazhagu, (2014), "Effects of circuit training and circuit weight training on explosive power", International Journal of Physical Education Sports Management and Yogic Science, Vol.3/ No.4, 83-87.
24. Kalyan chaudhuri, Maniazhagu, (2014), "Effects of different strength training on VO2 Max", International Journal of Physical Education Sports Management and Yogic Science, Vol.3/No.4, 25-27.
25. James Zachariah, Maniazhagu, (2014), "Effects of different sprint training on speed", International Journal of Physical Education Sports Management and Yogic Science, Vol.3/No.4, 15-17.
26. Maniazhagu, Nelliyan, (2014), "Effects of combined practice Asana, Pranayama and SAQ training on Vo2 max of school soccer players", Indian Journal for Research in Physical Education and Sports Science, Vol.8/No.2, 35-40.
27. Maniazhagu, Vadivel, (2013), "Effects of circuit training and circuit weight training on speed", International Journal of Physical Education Sports Management and Yogic Science, Vol.3/ No.3, 83-87.
28. Kalyan chaudhuri, Maniazhagu, (2013), "Effects of different strength training on aerobic power", International Journal of Physical Education Sports Management and Yogic Science, Vol.3/No.2, 17-19.

29. Maniazhagu, (2013), "Effects of varied packages of yogic practices on High Density Lipo Protein", International Journal of Physical Education Foundation of India, Vol.02/Issue: 1, 85-88.
30. Maniazhagu, (2013), "Effects of asana, pranayama and meditation practice on resting pulse rate", Rama Journal of Physical Education and Allied Science, Vol.1/ Issue: 1, 31-34.
31. Maniazhagu, Revathi, (2013), "Effects of varied packages of yogic practices on blood sugar, Journal of Physical Education Sports Management and Yogic Science", Vol.3/No.1, 1-3.
32. Maniazhagu, Nelliyan, (2013), "Effects of combined Asana, Pranayama practice and SAQ training on resting pulse rate on school soccer player", Journal of Physical Education Sports and Allied Disciplines, Vol.4/No.1, 62-69.
33. Tamilarasi, Maniazhagu, (2013), "Effects of combination of assisted and resisted sprint training on explosive power among male soccer players", International 3R, Vol.1/No.5, 20-23.
34. Priya, Maniazhagu, (2013), "Effects of different circuit training with yogic practices on speed of school girls", International 3R, Vol.1/No.5, 9-11.
35. Kanimozhi, Maniazhagu, (2013), "Effects of aerobic dancing and yogic practice on Vo2 Max", International 3R, Vol.1/No.5, 1-3.
36. Tamilarasi, Maniazhagu, (2013), "Effects of combination of assisted and resisted sprint training on speed among male soccer players", International 3R, Vol.1/ No.4, 20-22.
37. Priya, Maniazhagu, (2013), "Effects of different circuit training with yogic practices on agility of school girls", International 3R-Vol.1/No.4, 14-16.
38. Kalai Arasi, Maniazhagu, (2013), "Effects of aerobic dancing and yogic practice on cardio respiratory endurance among college women students", International 3R, Vol.1/No.4, 9-11.
39. Maniazhagu, (2012), "Effects of asana, pranayama and meditation practice on breathing holding time", International Journal of Physical Education Sports Management and Yogic Science, Vol.2/No.4, 33-35.
40. Maniazhagu, Revathi, (2012), "Exercise and diabetes management", Social Welfare, Vol. 59/No.7, 29-30.
41. Maniazhagu, (2012), "Effects of concurrent strength and endurance training on muscular strength endurance", Journal of Physical Education Foundation of India, Vol.1/Issue 1, 12-17.

42. Maniazhagu, Revathi, Anbu, (2012), "Effects of isolated and combined training of yogic practice and physical exercise on selected physical variables of rural students", *Vyayam_Vidnyan*, Vol.45/No.3, 18-22.
43. Maniazhagu, S. Revathi, (2012), "Effects of varied packages of yogic practices on cardio respiratory endurance of college obese women", *Journal of Physical Education Sports Management and Yogic Science*, Vol.2/No.3, 40-43.
44. Karunanithi, Maniazhagu, (2012), "Effects of circuit resistance training saq training and their combination on performance variable of male soccer player", *International Journal of Physical Education Sports Management and Yogic Science*, Vol.1/No.3, 21-24.
45. Anbu, Maniazhagu, (2012), "Effects of circuit resistance training and aerobic circuit resistance training on performance related fitness components of male football players", *International Journal of Physical Education Sports Management and Yogic Science*, Vol.1/ No.3, 7-9.
46. Maniazhagu, Regupandi, Revathi, (2012), "Effects of different altitude hypoxic training on Cardio Respiratory Endurance", *Indian Journal for Research in Physical Education and Sports Science*, Vol.7/No.1, 18-22.
47. Maniazhagu,(2012), "Effects of saq training and small sided games on selected fitness parameters among junior soccer player", *Journal of Physical Education Sports and Allied Science*, Vol-3/No-1, 80-84.
48. Maniazhagu, (2011), "Effects of different strength training programme on speed and leg explosive power among college men", *International Journal of Physical Education Sports Management and Yogic Science*, Vol.1/No. 3, 38-41.
49. Maniazhagu, Revathi, (2012), "Effects of concurrent strength and endurance training on explosive power", *International Journal of Physical Education Sports and Yogic Science*, Vol.2/No.1, 81-82.
50. Maniazhagu, (2012), "Effects of Asana, Pranayama and Meditation practice on blood pressure", *International Journal of Physical Education*, Vol.5/Issue 2, 189-192.
51. Maniazhagu, Revathi, (2012), "Effects of varied packages of yogic practices on muscular endurance of obese women", *International Journal of Physical Education Sports and Yogic Science*, Vol.1/No.4, 23-24.
52. Karunanithi, Maniazhagu, (2012), "Effects of circuit resistance training saq training and their combination on cardio respiratory endurance of male soccer player", *International Journal of Physical Education Sports and Yogic Science*, Vol.1/ No.3, 65-66.
53. Anbu, Maniazhagu, (2012), "Effects of circuit resistance training and aerobic circuit resistance training on leg explosive power of male football players", *International Journal of Physical Education Sports and Yogic Science*, Vol.1/ No.3, 6-7.

54. Maniazhagu, Regupandi, Revathi, (2012), "Effect of different altitude hypoxic training on speed", International Journal of Physical Education Sports and Yogic Science, Vol.1/No.2, 81-82
55. Maniazhagu, Robert Alexander, (2011), "Isolated and combined effects of pranayama and suriya namaskar on muscular strength and body mass index", Voice of Sports, Vol-IV/Issue-I, 13-18.
56. Maniazhagu, Rakesh Bharti, (2011), "Effects of different strength training on selected motor fitness attributes of college men", Journal of Physical Education and Yoga, Vol.2/No.2, 58-60.
57. Maniazhagu, Kaleeswaran, Sridhar, (2011), "Effects of varied intensities of bicycle ergometer training on selected physical and physiological variables among college men students", Journal of Allied Physical Education and Yoga, Vol. 1/ Issue 1, 14-21.
58. Sridhar, Maniazhagu, Revathi, (2011), "Comparison of hematological responses to maximal exercise among sprint, middle and long distance runner", International Journal of Physical Education Sports Management and Yogic Science, Vol.1/No.1, 1-6.
59. Maniazhagu, Suthir kumar Sharma, Joma Rose Manuel, (2011), "Effect of circuit training and parcours training on selected physical fitness variables of school girls", Journal of Physical Education and Yoga, Vol.2/No.1, 164 -167.
60. Maniazhagu, Sukumar sha, Selvaraj, (2011), "Effects of strength training on speed, leg explosive power and muscular endurance of college men students", International Journal of Physical Education, Vol. 4/ Issue 2, 191-193.
61. Maniazhagu, Robert Alexander, Sukumar Sha, (2011), "Effects of aerobic training and circuit training on muscular strength and muscular endurance", International Journal of Physical Education, Vol. 4/ Issue 2, 132-134, 13 -18.
62. Maniazhagu, Susai Arockiamalar, Pauline Arunthayam, (2010), "Effects of isolated and combined effects of cardio aerobic and circuit resistance training on selected physical and physiological variables among football players", Journal of Health and Sports Science, Vol.2/No.2, 41-46.
63. Maniazhagu, (2010), "Effects of two modes of resistance training on speed, leg explosive power and anaerobic power of college men students", Indian journal of Research in Physical Education and Sports Sciences, Vol-5/No.2, 31-34.
64. Maniazhagu, Manikckam, Lourduraj, (2010), "Mode of aerobic dancing on agility, cardio respiratory endurance and hemoglobin content of college men, Voice of Sports, Vol-V/ Issue-I, 33-38.

65. Maniazhagu, James Zahariah, Revathi, (2010), "Effects of selected Asanas on serum cholesterol and functions of adrenal gland in college women", Vyayam-Vidnyan, Vol-43/No-3, 1 – 4.
66. Maniazhagu, Gokula Krishnan, Chella Meenal, (2010), "Effects of aerobic training and circuit resistance training on selected motor ability components among school boys", Journal of Physical Education and Yoga, Vol-1/No-2, 53-56.
67. Maniazhagu, (2010), "Quantification of physical and physiological responses to two different volume of plyometric training among school boys", Journal of Physical Education Sports and Allied Discipline, Vol-1/ No-2, 13-17.
68. Maniazhagu, Kaleeswaran, (2010), "Effects of hypoxic training at different altitudes on selected physiological variables and 3000mts running performance", Bharathiyar National Journal of Physical Education and Exercise Science, Vol-1/ No.1, 61-65.
69. Maniazhagu, (2010), "Effects of varied frequencies of circuit training on selected motor ability components of college men students" Journal of Physical Education Sports and Allied Discipline, Vol-1/No-1, 78- 82.
70. Maniazhagu, Praveen, Selvaraj, (2010), "Packages of acceleration sprint training on selected bio motor abilities and performance of 100mts running", Voice of sports, Vol-IV/ Issue-II, 24-30.
71. Maniazhagu, Kalyan Chouridy, Subramanian, (2010), "Effects of isolated and combined effects of concurrent plyometric and circuit based plyometric training on selected physical and physiological variables among college men students", International Journal of Physical Education, Vol -3/ issue 1&2, 64-66.
72. Sridhar, Kalyan Chouridy, Maniazhagu, (2010), "Comparison of cardio respiratory and metabolic responses to maximal exercise among sprint middle and long distance runner", International Journal of Physical Education, Vol -3/ issue 1 & 2, 5-7
73. Maniazhagu, Regupandi, (2009), "Effects of varied packages of jogging programmes on selected bio motor abilities and physiological variables among obese women", Journal of Health and Sports Science, Vol -5/ No-1, 42-44.
74. Muktamath, Muktamath, Maniazhagu, (2009), "Effects of phonophoresis on supraspinatus tendinitis in adducted position and adducted and internally rotated position of college men", JESP, Vol -1/ No-1, 1-6.
75. Maniazhagu, Venkatesan, (2009), "Effects of varied packages of hollow sprint on selected motor ability components, physiological and 200mts running performance of college men student", Indian journal of Research in Physical Education and Sports Sciences, Vol -3/ No.2, 28-31.

76. Usharani, Maniazhagu, (2009), "Selected training methods of strength conditioning on speed parameter", Voice of sports, Vol -III/Issue-II, 34-39.
77. Umesh Muktamath, Vinutha Muktamath, Maniazhagu, (2009), "Effect of Fartlek training at different altitudes on selected physiological variables & 1500mts performance", International Journal of Physical Education, Vol -2/ issue 1 & 2, 12-15.
78. Maniazhagu, Balasubramaniam, Saroja, (2009), "Analysis of glucose depletion levels and Vo₂ max among college women students", International Journal of Physical Education, Vol -2/ issue 1 & 2, 5-7.
79. Maniazhagu, (2008), "Comparative analysis of Anthropometrical Bio-mechanical and Physiological aspects between 400 meters 800 meters and 1500mts runners", Indian Research in Physical Education and Sports Sciences, Vol -3/ No.2, 26-31.
80. Jothi, Maniazhagu, (2008), "Analysis of maximal oxygen uptake and muscularity among school boys of different age groups", Voice of sports, Vol-III/ Issue -II, 48-54.
81. Maniazhagu, Balasubramaniam, Saroja, (2008), "Quantification of varied intensities and frequencies of plyometric training on speed, stride length, stride frequency and anaerobic power among college men ", Voice of sports, Vol -II / Issue-II, , 7-13.
82. Thirumalaikumar, Rajinikumar, Maniazhagu, (2007), "Analysis of propulsive task related physical fitness in obese and non-obese adolescent boys", Journal of Physical Education and Exercises Science Vol-3, / No.1, 39-42.

CONFERENCES/SEMINARS

1. Maniazhagu.D, (2016), "Role of Technology for Physical Activity", National conference on Perspective and Prospects of Technology Enabled Learning (COPPEL-2016).
2. Maniazhagu, D,(2016), "The Role of Technologies Used in Track Events", National conference on Perspective and Prospects of Technology Enabled Learning (COPPEL-2016).
3. Maniazhagu .D,(2014) , "Effects of aerobic dancing and yogic practices on muscular strength among college women students", National Conference, DPE Bishop Heber college, Triahy
4. Maniazhagu .D,(2014) , "Effects of concurrent endurance circuit resistance training sequence on leg explosive power", National Seminar, DPE Bharathiyar University Coimbatore.

5. Maniazhagu .D,(2014) , “Effects of concurrent endurance and circuit resistance training sequence on aerobic and anaerobic power, International Conference, ECSS, Netherlands.
6. Maniazhagu .D,(2014) , “Effects of different intensity of plyometric training on speed and explosive power”, International Conference, DPE, Vinaya- bhavana& visva- bharati.
7. Maniazhagu .D, (2013), “Research for physical education”, National Seminar, School of educational sciences, SRTM University, Nanded.
8. Maniazhagu .D, (2013), “Effects of three different intensities of plyometric training on speed”, National Seminar, H.H, the rajahs college pudukkottai.
9. Maniazhagu .D, (2013), “Effects of concurrent strength and endurance training on explosive power”, National Seminar, DPE Arul anadar college MKU –Madurai
10. Maniazhagu .D, (2012),” Impact of varied surface running on speed”, National Seminar, DPE Sree sevugan annamalai college –devakottai
11. Maniazhagu .D, (2012),” Effects of treading and spinning on resting pulse and anaerobic power”, National Seminar, DPE Alagappa university.
12. Maniazhagu .D, (2012),” Physical activity fitness and diabetes mellitus”, National Seminar, DPE MES MAMPAD College , Malappuram, Kerala
13. Maniazhagu .D, (2012),” Effect of isolated and combined effects of concurrent plyometric and circuit based plyometric training on selected physical and physiological variables among college men students.”, National Seminar, Sri padmavati mahila visvavidyalayam-tirupati
14. Maniazhagu .D, (2012),” Effects of varied packages of yogic practice on body mass index” International Conference, DPE&HS Alagappa university Karaikudi.
15. Maniazhagu .D, (2012),” Effects of different altitude training on aerobic and anaerobic power of college men” International Conference, TNPESU, Chennai
16. Maniazhagu .D, (2012),” Effects of different altitude hypoxic training on hemoglobin content & red blood corpuscles count of college men,” International Seminar, Banaras Hindu University, Varanasi.

17. Maniazhagu .D, (2011),” Effects of varied intensity of plyometric training on selected physical and physiological variables among college men students”, National Seminar, DPE, Bharathiyar University, Karaikudi.
18. Maniazhagu .D, (2011),” Role of Coaches for athletes development”, National Seminar, SRKMVCPE, Coimbatore
19. Maniazhagu .D, (2011), “Organizing a successful sports coaching programme in colleges “, National Seminar, Govt. Arts College, Krishnarajapuram, Bangalore.
20. Maniazhagu .D, (2011), “Fly with plyometric”, National Conference, DPE, Bharthidasan University.
21. Maniazhagu .D, (2011), “Effects of SAQ training and circuit resistance training on selected motor ability components of junior soccer players, National Seminar, DPE, Bishop Heber College, Trichy.
22. Maniazhagu .D, (2011), “Role of Plyometric training on Sports Performance”, International Symposium, Noida College of Physical Education, New Delhi.
23. Maniazhagu .D, (2011), “Effects of isolated and combined effects of SAQ training, resistance training on selected physiological variables among football players”, International Conference, DPE, Alagappa university.
24. Maniazhagu .D, (2010), “Different Hertrate methods of Suriana maskar practice on Selected Endurance Parameters”, National Seminar, DPEHS, Alagappa University Karaikudi.
25. Maniazhagu .D, (2010), “Energy Fitness Training”, National Seminar, University of Madras, Chennai.
26. Maniazhagu .D, (2010), “Pre School Activities”, International Conference, DPE Saint Mary’s SyrianCollege, Brahmavar.
27. Maniazhagu .D, (2010), “Hydration and Athletic Performance”, International Conference, Alagappa University.
28. Maniazhagu .D, (2010), “Effects of three modes of aerobic dancing on selected bio-motor abilities physiological and hematological variables among school girl students”, International Conference, NIE, Singapore.

29. Maniazhagu .D, (2010), "Comparative Effect of three modes of plyometric training on leg muscles strength of college men students", International Conference, DPE&HS, Alagappa University.
30. Maniazhagu .D, (2010), "Physiological Importance of Preferred Stride Frequency during Running at Different Speed", International Conference, DPE&HS, Alagappa University.
31. Maniazhagu .D, (2009), "Aerobic and anaerobic system of physical training", National Conference, Bangalore University.
32. Maniazhagu .D, (2009), "Progression of plyometric training for high level sports performance", National Seminar, Pondicherry University, Puducherry.
33. Maniazhagu .D, (2009), "Stride length and stride frequency – key to top performance", National Conference, DPE, Bharathidasan University, Tiruchirappalli.
34. Maniazhagu .D, (2009), "Effects of varied intensities of plyometric training on speed and anaerobic", National Seminar, DPE, Alagappa University.
35. Maniazhagu .D, (2009), "Effects of varied duration of speed play training on selected physiological variables of college men", International Conference, DPE, Alagappa University.
36. Maniazhagu .D, (2009), "Effects of varied packages of acceleration sprinting on selected physiological variables among college women", International Conference, Alagappa University.
37. Maniazhagu .D, (2008), "Increase Stamina and Energy through Herbals Health Care", National Seminar, TNSRO, Arimalam, Pudukkottai.
38. Maniazhagu .D, (2008), "Four Steps for an Effective warm-up ", National Seminar, DPE Vijaya College Mulki, (Karnataka)
39. Maniazhagu .D, (2008), "Effects of six week pranayama on lung volumes of athletes", National Seminar, SKACPE, Koviloor.
40. Maniazhagu .D, (2008), "Different Phases in Sprint Even", National Seminar, TNPESU Chennai.

41. Maniazhagu .D, (2008), "Metabolic syndrome Yoga and Naturopathy", National Seminar, DPE, Alagappa University, Karaikudi.
42. Maniazhagu .D, (2008), "The effect of Stair Training on Speed, Leg Strength and Cardio vascular Endurance in male sprinters", National Seminar, DPE, Pondicherry University.
43. Maniazhagu .D, (2008), "Muscle Fibers related to Sports performance", National Seminar, Kongunadu Arts & Science College, Coimbatore
44. Maniazhagu .D, (2008), "Stress and illness", National Seminar, TNSRO, Arimalam, Pudukkottai.
45. Maniazhagu .D, (2008), "Glycobiology - The New Revolution of Sports Science" (Received Best Paper Award), International Conference, VIT, Vellore.
46. Maniazhagu .D, (2008), "Assessment of soft tissue injuries" International Conference, VIT, Vellore
47. Maniazhagu .D, (2008), "Women hormones and the training daily", International Conference, TNPESU, Chennai.
48. Maniazhagu .D, (2007), "A mental practice formula for any sport", National Seminar, LNPE, Gwalior.
49. Maniazhagu .D, (2007), "Factors Influencing the Development of the Flop High Jumper", National Seminar, Alagappa University, Karaikudi.
50. Maniazhagu .D, (2007), "Treating Injuries", National Seminar, DPE, Alagappa University.
51. Maniazhagu .D, (2007), "Talent Identification and Development", National Seminar, TNPESU Chennai.
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