

Dr. V. A. Manickam Assistant professor

#### **Contact**

Address : Department of Physical Education & Health Sciences

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# Academic Qualifications: M.A., M.Sc., M.Phil., Ph.D.

• M.P.Ed

• MPhil In PHYSICAL EDUCATION

• Ph.D in PHYSICAL EDUCATION

• P.G.D.S. (SPORTS MANAGEMENT)

• P.G.D.Y (YOGA)

**Teaching Experience: 22 Years** 

**Research Experience: 11 Years** 

### **Additional Responsibilities**

• Programme officer Swachh Bharat

#### **Areas of Research**

- Bio MECHANICS
- Sports Training
- Exercises physiology

## **Research Supervision / Guidance**

Program of Study		Completed	Ongoing
Research	Ph.D.	6	5
	M.Phil.	19	4

#### **Publications**

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
18	30	12	60	1

# **Distinctive Achievements / Awards**

1. Award :- "Kalvi Seva Rathna"

## **Events organized in leading roles**

Number of Seminars / Conferences / Workshops / Events organized: 4

Seminar organising committee member

National seminar organising committee member

International seminar organising committee member

Workshop organising committee member

# **Events Participated**

### Conferences / Seminars / Workshops:-

# Other Training Programs: 3

- 1. Refresher Courses
- 2. Orientation Programme
- 3. Adventure sports and certificate course in mountaineering and allied sports (ASSCC MAS 2012) University Mountaineering Centre Banaras Hindu University, Varanasi U.P India

#### Membership in

#### **Professional Bodies**

- i. Member of broad based of studies
- ii. Doctoral committee member
- iii. Member of society for research of movement education (SRME)

#### **Editorial Board**

- A journal of scientific yoga and health ISSN- 2278-9227
- International journal of sports technology, management and allied science ISSN –
  2319-527

# Resource persons in various capacities

Number of Invited / Special Lectures delivered: 5

#### **Recent Publications**

- 1. Dr.V.A.Manickam Jan 2016 "Effect of yoga power yoga and pilates on selected physical variables of college women Students "Globel journal for research analysis international journal a peer reviewed referred, reffered & indexed international journal vol 5 issue 1(Impact Factor: 3.1218).
- 2. Dr.V.A.Manickam Jan 2016 "Effect of yoga power yoga and pilates on selected bio chemical variables of college women Students "An international journal paripexindian journal of research peer review, reffered, & referred international journal vol 5 issue 1 (Impact Factor: 3.4163).
- 3. Dr.V.A.Manickam April 2016 "Comarative analysis of anxiety among sprinters jumpres throwers and long distance runners of elite university athletes of kerala state "International journal of scientific research a peer review, reffered, & referred international journal vol 5 issue 4 (Impact Factor: 3.508).
- 4. Dr.V.A.Manickam April 2016 "Comparative analysis of selected physiological variables among sprinters jumpers throwes and long distance runners of elite university athletes of kerala state "Indian journal of applied research a peer review, reffered, & referred international journal vol 6 issue 4 (Impact Factor: 3.919).