



**Dr.S.NAGARAJAN**

PROFESSOR

### Contact

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### Academic Qualifications:

Degree	Institution	Year	Branch	Class
Ph.D	Alagappa University	2007	Physical Education	-
M.P.Ed	Manonmaniam Sundaranar University	1999	Physical Education	First
M.Com	Alagappa University	2012	Commerce	First
M.Sc	Tamilnadu Physical Education and Sports University	2010	Yoga	First
B.Com	Bharathidasan University	1997	Commerce	Second

UGC/NET	UGC	1998	Physical Education	-
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### Teaching Experience

Total Teaching Experience :23YEARS

Position	Institution	Duration
<b>Professor</b>	Alagappa University College of Physical Education	03.07.2017 To Till Date
<b>Associate Professor</b>	Alagappa University College of Physical Education	03.07.2014 To 02.07.2017
<b>Senior Lecturer</b>	Alagappa University College of Physical Education	03.07.2011 To 02.07.2014
<b>Lecturer</b>	Alagappa University College of Physical Education	03.07.2000 To 02.07.2011
Physical Education Teacher	Kamala Nikethan Matric. Hr. Sec. School	19.07 1999To 31.05.2000

### Research Experience: 17 Years

Position	Institution / University	Duration
Ph.D	Alagappa University College of Physical Education	17 Years (2007 To Till Date)
M.Phil	Alagappa University College of Physical Education ,Alagappa University	2010-2015

## Academic and Additional Responsibilities

S.No	Position	University Bodies	Period	
			From	To
1.	Chair Person	School of Physical Education	2023	Till Date
2	Deputy Director of Physical Education	Alagappa University	2023	Till Date
3	Selection Committee Member	Tamil Nadu Physical Education and Sports University, Chennai	2022	2023
4	Interview Committee Member	Tamil Nadu Physical Education and Sports University, Chennai	2022	2023
5	Coordinator	Remedial Coaching For SC/ST/OBC	2016	2018
6	University Representative	Alagappa University Distance Education	2012	2023
7	Selection Committee Member Football Team	Alagappa University	2010	2023
8	Flying Squad	Alagappa University	2012	2022
9	Alumni Organizing Secretary	Alagappa University College of Physical Education	2008	2023
10	Coordinator For Cultural Club	Alagappa University College of Physical Education	2010	2023
11	Selection Committee Member Volleyball Team	Alagappa University	2012	2014
12	Extramural In Charge	Alagappa University College Of Physical Education	2009	2014
13	Selection Committee Member Table Tennis Team	Alagappa University	2008	2009
14	Selection Committee Member Cricket Team	Alagappa University	2007	2008

## Areas of Research

- Sports Training,
- Sports Psychology
- Sports Biomechanics

## Research Supervision / Guidance

Program of Study		Completed	Ongoing
	Ph.D	8	6
	M.Phil	14	-
Project	PG	63	2

## Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books/Chapters/Monographs/Manuals
36	34	19	35	2

Cumulative Impact Factor (as per JCR) :

h-index : 5

i10 index : 4

Total Citations : 47

## Funded Research Projects

Completed Projects:

S.No	Agency	Period		ProjectTitle	Budget (Rs).
		From	To		
1	Alagappa University (AURF)	January 2017	January 2019	Effect of Skill Training on Skill Performance of Football Players	25000/-

## Distinctive Achievements / Awards

- Best Citizen of India Award 2011 By The International Publishing House, New Delhi
- Sevai Chemmal Award By South-India Social Cultural Academy, Chennai

Number of Seminars / Conferences / Workshops/ Events organized:

Position	Programme	Duration	Institution
Joint Secretary	International conference on Modern trends in Sports performance	15.03.2023&16.03.2023	Alagappa University Karaikudi
Joint Secretary	International conference on Role of sports sciences and yoga on human performance enhancement	06.02.2020 & 07.02.2020	Madurai Kamaraj University Madurai
Joint Secretary	International conference yoga for	24.08.2019	Alagappa University College of Physical

	harmony of body and mind	& 25.08.2019	Education
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## Events Participated

1. Conferences	-	30
2. Seminar	-	29
3. Workshops	-	10

## Membership

### Professional Bodies

1. Life member of National Association of Physical Education and Sports Science Affiliated to International Council of Sports Science and Physical Education **ID NO-1972**
2. Indian Federation of Computer Science in Sports (Life Member) Affiliated to International Association of Computer Sciences in Sports in 2016 (IACSS)

### Advisory Board

Year/Period	Name of the BoS /Administrative Committee / Academic Committee	Role
2018	Board of Studies for B.P.ED M.PED –Alagappa University College of Physical Education Karaikudi	Member
2023	Board of studies for B.P.ED M.PED –Alagappa University College of Physical Education Karaikudi	Member

### Academic Bodies in Other Institutes/ Universities

Year/Period	Name of the BoS/Administrative Committee / Academic Committee	Role
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2022-2024	B.P.Ed and M.P. Ed Advisory Committee for Maruthi College of Physical Education	Member
2019-2021	Question Setting Board, Calicut University, Calicut	Chairman
2019-2024	Question Setting Board, Tamil Nadu Physical Education and Sport University, Chennai	External Examiner
2018-2024	Question Setting Board, Bharathidasan University, Tiruchirappali	External Examiner
2017-2021	Question Setting Board, Pondicherry University, Pondicherry	External Examiner
2015-2021	Question Setting Board, Annamalai University, Chidambaram	External Examiner

### Ph.D. Thesis Guided

- No. of PhD Thesis evaluated : 15
- No. of PhD Public Viva Voce Examination conducted : 15

S.No	Name of the Scholar	Title of the Thesis	Year of Completion
1.	P.G.Uma Priya	Impact of Physical Training In Warm and Cool Water on Selected Physical Physiological and Bio-Chemical Among Young Football Players	2022
2.	E.Deeva	Effect of Varied Frequency and Duration of Aerobic Dancing on Selected Motor Ability Components and Physiological Variables of Handball Players	2022
3	R.Manoranjith	Isolated and Merged Impact of Plyometric Training and Tabata Training on Selected Motor Fitness Physiological and Performance	2021

		Variables Among Men Volleyball Plyers	
4	M.Karpagam	Impact of Shallow and Deep Water Exercises on Selected Physical Fitness Anthropometrical and Biochemical Variables Among Obese College Women	2019
5	Soumya Joseph	Effect of Rope Jump and Plyometric Training on Selected Physical Physiological and Skill Related Performance Variables Among Women Basketball Players	2019
6	J.Rajesh Kumar	Effect of Plyometric and Resistance Training Programme on Selected Physical Physiological and Biomotor Variables Among School Athletes	2016
7.	M.Ravi	Investigation on Selected Bio-Motor Abilities Physiological Parameters of Yoga Practices and Physical Activities Among Middle Aged Men	2016
8.	C.Damodharan	“Effect of Aerobic Circuit training and Parcours Training on Selected Physical and Physiological Variables Among College Men Students”	2014

### List of Research Articles

S. No	Authors/ Title of the paper/ Journal	Impact Factor
1	<b>Nagarajan.S</b> and Manoranjith. R (2020) Impact of Plyometric and Tabata Training on Speed Endurance and Vital Capacity Among Men Volleyball Players. Turkish Journal of Physiotherapy and Rehabilitation; 32(3)ISSN 2651-4451   e-ISSN 2651-446X Page 20034-20036	
2	<b>Nagarajan.S</b> and Manoranjith. <b>R</b> (2020) Coalesce Cause of Plyometric and Tabatta Training on Explosive Power and Endurance Among Men Volleyball Players. PROTEUS JOURNAL ISSN/ 0889-6348 Page No 130-137	



3	<b>Nagarajan.S</b> (2020) Influence of Aerobic Training on Selected Speed and Cardio Respiratory Endurance Measure Among College Men Football Player.( Journal Of Xian University Of Architecture &Technology,Issn:1006-7930)	
4	<b>Nagarajan.S</b> (2020) Combination of Aerobic Training And Mantra Mediation Practices on Self Confidence Among Men Football Players Aegaeum Journal-Issn-NO:0776-3808	
5	<b>Nagarajan.S</b> and Manoranjith. <b>R</b> (2020) Collusion of Different Ground Surface of Plyometric With Aerobic Training on Selected Agility and Explosive Power Among School Boys Volleyball Players International Journal of Advanced Science and Technology Vol. 29, No. 3, (2020), pp. 3827 - 3833	
6	<b>Nagarajan.S</b> and Deeva E (2020) Effect of Varied Intensities and Frequencies of Aerobic Exercises on Selected Motor Ability and Physiological Variables Among Inter School Handball Players.	
7	<b>Nagarajan.S</b> and Nelliyan M (2020) Influence of Aerobic Training on Selected Speed and Cardio Respiratory Endurance Measure Among College Men Football Players. Journal of Xian University of Architecture &Technology ,Issn:1006-7930	
8	<b>Nagarajan.S</b> and Ravi M (2017) Investigation on Cardio-Respiratory Endurance of Yoga Practices and Physical Activities Among Middle Aged Men. Indian Journal For Research In Physical Education and Sports Science. ISSN 0973-9025 Volume No 11 Issue 2 (Page 40-44)	
9	<b>Nagarajan.S</b> ,and Soumya Joesph (2016) Effect of Plyometric Training on Selected Physical Variables Among Women Basketball Players. Asian Journal of Applied Research (Ajar) 2015. E-Issn 2395 1702 P-Issn2395-0382 Vol-2 Pp01-04	
10	<b>Nagarajan.S</b> ,and Ravi. M (2016) Investigation of The Changes on Muscular Strength of Yoga Practices And Physical Activities Among Middle Aged Men International Journal of Physical Education Yoga and Health Sciences Page No:44-46 Volume No:3 Issue 1.Issn No-2349-6312	
11	<b>Nagarajan.S</b> and Rajesh kumar .J (2016) Effect of Plyometric Training on Selected Physical Fitness Variable Among School Athletes International Journal Of Health Physical Education &Computer Science In Sports. Issn 2231-3265 Volume 23 No,(Page 58-61)	
12	<b>Nagarajan.S</b> and Rajesh kumar .J(2016) Effect of Plyometric Training and Resistance Training on Selected Physical Fitness Variable Among School Athletes International Journal of Health Physical Education &Computer Science In Sports. Issn 2349-6312 Volume No 3 Issue 1 (Page 70-72)	

13	<b>Nagarajan.S</b> and Muralirajan k (July 2015) Impact of Varied Intensities of Circuit Trainings on Selected Strength and Endurance Parameters of Women Hockey Players.(Indian Journal of Sport Science and Physical Education Volume No:23,Page No 58-65	
14	<b>Nagarajan.S,</b> and karpagam M (2016), "Comparative Effect Of Plyometric Training And Aquatic Plyometric Training On Sprinting Speed And Long Jump Performance Of College Students", International Journal Of Applied Research, Ijar, Volume – 2 / Issue – 8, Paper Number –5	
15	<b>Nagarajan.S and</b> Rajesh kumar . J(2015) Effect of Resistance Training on Selected Bio Motor Variables Among School Athletes International Journal of Physical Education Health and Sports Sciences .Issn 2279-0306 Volume No 4 Issue 1 (Page 31-37)	
16	<b>Nagarajan.S,</b> and Umapriya.P.G (2015) Effect of Twenty Four Week Football Training on Physical Fitness of Young School Boys Asian Journal of Applied Research (Ajar) 2015. E-Issn 2395 1702 P-Issn 2395-0382 Volume 1 (Pp 56-61)	
17	<b>Nagarajan.S</b> (2012) Effect of Yogic Practices, Physical Exercises and Combination Yogic Practices Physical exercises And Selected Motor Ability Components, Physiology Variables of College Men Students.Napess Journal of Physical Education and Sports Science (Page 154-156) Tamil Nadu Physical Education & Sports Science. Feb,2012.Issn.2229-7049.	
18	<b>Nagarajan.S (2012) Effect of Carbohydrate Loading On Performance Of Long Distance Runners.</b> International Journal of Physical Education Sports and Yogic Science (Page 35-37). Dept. of Physical Education, Devi Ahilya University, Indore. Aug, 2012.ISSN.2249 8775.	
<b>RECENT PUBLICATIONS</b>		
19	<b>Nagarajan.S</b> and Santhosh kumar. M (Mar-2023) Quantitative Assessment of Publication Output on Football at Global Level –A Bibliometric Study (Education And Society- Vol:47-Issues:01,No:13 Jan-Mar-2023)	
20	<b>Nagarajan.S</b> and Santhosh kumar. M (Mar-2023) Effect of Plyometric Training and Swiss Ball Training on Agility Explosive Power and Muscular Strength Among Inter College Football Players (Madhya Bharti)-Vol:83-Issn-0974-0066,Vol:83,No:04-Jan-2023.	

### Resource persons in various capacities

National Conferences	:3
International Conferences	:7
Invited Lectures	:2 -

