



Dr. P. KALEESWARAN

Professor

Contact

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Academic Qualifications

Degree	Institution	Year	Branch	Class
Ph. D	Bharathiyar University	2010	Physical Education	-----
M.P.Ed.	Madurai Kamaraj University	April 1993	Physical Education	First Class
M.Sc	TamilNadu Physical Education & Sports University	April 2011	Yoga	First Class
B.P.Ed.	Bharathiyar University	May 1992	Physical Education	First Class

B.Sc	Madurai Kamaraj University	April 1990	Physics	First Class
D.S.Y.M	Madurai Kamaraj University	Nov 1993	Yoga	First Class
SLET	Bharathidasan University	1997	Physical Education	First Class
P.G.D.Y	Tamil Nadu Physical Education & Sports University	May 2010	Yoga	First Class

Teaching Experience

Total Teaching Experience :25 Years

Position	Institution	Duration
Professor	Alagappa University College of Physical Education, Karaikudi.	01.12.2017 to Till Date
Associate Professor	Alagappa University College of Physical Education, Karaikudi.	01.12.2014 to 01.12.2017
Assistant Professor.	Alagappa University College of Physical Education, Karaikudi.	01.12.2004 to 01.12.2014

Research Experience

Total Research Experience : 14 Years

Position	Institution / University	Duration
Professor	Alagappa University College of Physical Education	01.12.2010 to Till Date

Academic and Additional Responsibilities

S.no	Position	University Bodies	Period	
			From	To
1	Deputy Director of Physical Education	Alagappa University	16.10.2015	Till Date
2	Deputy Warden	AUCPE Hostel	01.12.2004	01 Oct 2015
3	Warden	AUCPE Hostel	01.10.2015	24 May 2019
4	Co-Ordinator	Directorate of Distance Education	19.02.2020	Till Date

		Internal Mark Uploading Portal		
5	Co-Ordinator for the Learning Centers by Faculty Members	Directorate of Distance Education	05.09.2020	Till Date
6	Nodal Officer	DDE Exam	2020	Till Date

Areas of Research

- Exercise Physiology & Evaluation in Physical Education
- Sports Training, Sports Bio-Mechanics and Kinesiology
- Information & Communication Technology
- Methods in Physical Education & Test, Measurement.
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Research Supervision /Guidance

Program of Study		Completed	Ongoing
	Ph.D	06	08
	M.Phil.	12	-
Project	PG	46	2

International		National		Others
Journals	Conferences	Journals	Conferences	Books/Chapters/Monographs/Manuals
18	47	102	45	08

Publications

ThesisEvaluated : 06
VivavoceExaminer : 07

Funded Research Projects

Ongoing Projects:

S.no	Agency	Period		Project Title	Budget (Rs. Inlaks)
		From	To		
1.	RUSA 2.0	2018-2024		Isolated and Combined Practices of Yogic Practices And Meditation on Selected Physical, Physiological, Biochemical, Anthropometrical, and Psychological Variables among College Students	26 lakhs

Other Fund Received as Research Mentor:

S.no	Agency	Period		Project Title	Budget (Rs. Inlaks)
		From	To		
1	AURF	2016 to 2023.		Effect of specific Fitness Training With and Without Yogic Exercises on Selected Health Related Physical Fitness Components Physiological and Psychological Variables Among Alagappa University staff.	0.40 Lakhs

Distinctive Achievements / Awards

1	Best Senior Faculty Award	DK International Research Foundation	27 May 2018
2	Appreciation for the based research Project of RUSA 2.0 towards the Quality enhancement in Teaching and Research	Alagappa University, Karaikudi	2020

Several Seminars /Conferences /Workshops/ Events organized:

POSITION	PROGRAM	DURATION	INSTITUTION
MEMBER	International Conference on Focus on Mindfulness: Glimpses of Neuro Science Education – Vol-II	07 & 08 Dec 2017	Department of Physical Education and Health Sciences, Alagappa University, Karaikudi
MEMBER	International Conference on Sports Vision and Mission for Grooming Athletes and Para Athletes for Olympic-2020	16&17 March 2018	Alagappa University College of Physical Education, Karaikudi
MEMBER	International Conference on Curriculum and Instructional Designing for Global Education	26&27 March 2018	Department of Physical Education
MEMBER	International Conference on Making India-From Tradition to Modernity: Domestic Issues and Global Challenge	28&29 March 2018	Department of History, Alagappa University, Karaikudi
MEMBER	International Seminar-2018 Twentieth Century Tamil New Year, Short Story Writes	06 th Dec 2018	Tamil Cultural Center, Alagappa University
MEMBER	International conference on yoga for the harmony of body and mind (icyhbm-2019)	24 & 25 October, 2019	Alagappa University College of Physical Education, Alagappa University, Karaikudi

Events Participated

Research Papers published in Peer-Reviewed or UGC listed Journal

Professional Bodies

Member Participation in BoS, Administrative, and Academic Committees

No.	Year / Period	Name of the BoS / Administrative Committee / Academic Committee	Role played as (Chairperson / Convener / Member)
1	2004-Till Date	Alagappa University College of Physical Education – Board of studies in UG / PG / Diploma / Ph.D.	Member
2	2018 to Till Date	P.G.D.Yoga, Directorate of Distance Education	Member
5	2019 -2022	DDE-Alagappa University – Document Scrutiny Committee	Member
6	2007-2008	Inter Collegiate Sports & Tournaments Committee	Convener

7	2007-2008	Alagappa University Sports Advisory Committee	Member
8	2018 to Till Date	Directorate of Distance Education	Admission Committee member
9	2018-19	Constitution of Up-gradation – JRF to SRF Under RGNT (Mr.G.Ashok Kumar Reg. No 1061)	Internal Member
10	2008 -Till Date	International Society for the Advancement of Kinanthropometry	Member
11	2004 -Till Date	Association of Anatomists Tamil Nadu	Life Member

1. No.of Ph.D. Thesis evaluated : 06

List of Research Articles / Recent Publications

2. No.of Ph.D. Public VivaVoceExaminationconducted : 07

No.	Journal Name, Vol. No. & Page	Impact Factor
1	Dr.P.Kaleeswaran (2018) A. Rabin Effect of complex training on explosive power among hockey players. International Journal of Yogic, Human Movement and Sports Science	5.18
2	Dr.P.Kaleeswaran , November 2019 M.Ponkumar Effects of basketball-specific training with and without meditation practices on dribbling performance of male basketball players Journal of Information and Computational Science, Volume-9, Issue-11,7741,	6.2
3	Dr.P.Kaleeswaran 2019S.Joel Godfrey Bertram Combined yogic package and neuromuscular reeducation on explosive power among youth jumpers Journal of Information and Computational Science, Volume-9, Issue-10, Page No 207-211	6.2
4	Dr.P.Kaleeswaran (June 2020) D.Chochalingam Effect of yogic practices with and without static diet on biochemical variables among yogic men competitors Indian Journal of Public Health Research & Development, Volume 11, No.6, page no: 795-798 issue.	0.26

Resource persons in various capacities

National Conferences	:	15
International Conferences	:	09
Invited Lectures	:	20