



Ms. R. Ramya

Adjunct Faculty

Contact		
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Degree	Institution	Year	Branch	Class
Academic Qualifications				
M.Phil	Foods & Nutrition	Mother Teresa Women's University, Kodaikanal	2006-2007	First Class
M.Sc.,	Institutional Foods and Service Management	Holy Cross Home Science College, Tuticorin. Manonmaniyam Sundaranar University, Nellore.	2004-2006	First Class
B.Sc.,	Nutrition Food Service Management and Dietetics.	Sri Meenakshi Govt. College for Women, M.K. University, Madurai.	2001-2004	First Class

Teaching Experience : 12 Years		
Position	Institution	Duration
Teaching Assistant	Department of Nutrition and Dietetics	09-08-2023 to till date
Teaching Assistant in Home Science	Department of Women's Studies	19-08-2016 to 08-08-2023
Guest lecturer	Karuna college of Nursing & Karuna Medical College and Hospital, Chittur, Palakkad	21-01-2009 to 21-01-2011
Dietitian	Kovai Medical Centre and Hospital,	03-01-2007 to 31-12-2009

	Coimbatore	
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Research Experience : 08 Years

Position	Institution / University	Duration
Teaching Assistant	Department of Nutrition and Dietetics	09-08-2023 to till date
Teaching Assistant in Home Science	Department of Women's Studies	19-08-2016 to 08-08-2023

Areas of Research

- Food Science and Nutrition**

Food Science and Nutrition is essential for advancing our understanding of the relationship between food, nutrition, and health, and for developing evidence-based strategies to promote optimal dietary habits and improve public health outcomes.
- Nutrition and Dietetics**

nutrition and dietetics are interdisciplinary fields that play critical roles in promoting public health, preventing chronic diseases, and improving individuals' quality of life through evidence-based dietary interventions and education
- Food Service Management and Dietetics**

Food Service Management and Dietetics focusing on the management of food systems and the application of nutrition principles to promote health and well-being.

Research Supervision/Guidance

Program of Study	Completed	Ongoing
PG	4	-

Events organized in leading roles

Number of Seminars /Conferences /Workshops/ Events organized: 07

S.No.	Position	Programme	Duration	Institution
1.	Co-ordinator	One-day workshop on "Food adulteration and its impact on health"	30.01.2024	Department of Nutrition and Dietetics, Alagappa University, Karaikudi.
2.	Co-ordinator	Swatchhta Nutritional Food for Good Health on "Swatchhta Pakhwada 2023	06.09.2023	Department of Nutrition and Dietetics, Alagappa University, Karaikudi.
3.	Organizer	National Nutrition Month Competition-2022	28.09.2022 to 29.09.2022	Department of Women's Studies, Alagappa University, Karaikudi.
4.	Organizer	National Nutrition Month Competition-2021	29.09.2021	Department of Women's Studies, Alagappa University, Karaikudi.
5.	Organizer	National Nutrition Week -2021 Webinar	01.09.2021 to 03.09.2021	Department of Women's Studies, Alagappa University, Karaikudi.
6.	Organizer	National Nutrition Week -2019	13.09.2019	Department of Women's Studies, Alagappa University, Karaikudi.
7.	Organizer	National Nutrition Week -2019	27.09.2018	Department of Women's Studies, Alagappa University, Karaikudi.

Papers presented in the National and International events

Conferences / Seminars / Workshops: 02

Events Participated

Number of Conferences/Seminars/Workshops: 12

Resource persons in various capacities

Invited lectures				
S.No.	Name of the Programme	Organizer of the Programme	Topic	Date
1.	National Nutrition Month – Sep,2023	ICDS - Kallal block, Sivagangai(Dt)	Poshan Maa- Nutrition and Health and Nutritional deficiencies	16.09.2023
2.	Special Lecture	TNSTC-Training Centre, Karaikudi Region, Sivagangai (Dt)	Our eating habits in Practical life	02.02.2023
3.	Special Lecture	ICDS- Kallal Block (Pattamangalam), Sivagangai (Dt)	Nutritious Foods and its Importance of about Iron Deficiency	16.09.2022
4.	Special Lecture	ICDS- Kallal Block, Sivagangai (Dt)	Micronutrients and Nutrients Importance	30.07.2022
5.	Special Lecture	TNSTC-Training Centre, Karaikudi Region, Sivagangai (Dt)	Healthy Food Habits	02.05.2022
6.	ECCE Training Programme	ICDS- Kallal Block, Sivagangai (Dt)	Nutrition and Health and Nutritional Deficiencies, Childhood Milestones	30.08.2019
7.	ECCE Training Programme	ICDS- Kallal Block, Sivagangai (Dt)	Nutrition and Health and Nutritional Deficiencies, Childhood Milestones	28.08.2019
8.	ECCE Training Programme	ICDS - Sakkottai Block, Sivagangai (Dt)	Nutrition during illness	17.08.2019
9.	ECCE Training	ICDS - Sakkottai Block,	Nutrition to life cycle	28.06.2019

	Programme	Sivagangai (Dt)	pattern for childhood (from birth to 6 years)	
10.	ECCE Training Programme	ICDS - Sakkottai Block, Sivagangai (Dt)	Understanding child Development	28.06.2019
11.	Job Training Programme	ICDS - Kallal Block, Sivagangai (Dt)	Micronutrients and PEM-Causes, Symptoms, Prevention and Nutrients Importance	19.06.2019

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