

# STAFF RECREATION CLUB

Co-Ordinator Dr. G. GOPU Deputy Co-Ordinator Dr. T.P. YOKESH

## ABOUT

The Staff Recreation Club in Alagappa University is an organization dedicated to enhancing the well-being, morale, and sense of community among university staff members. It provides a platform for staff members to engage in recreational and social activities outside of their professional responsibilities, fostering a supportive and inclusive work environment.

## OBJECTIVES

- To organize a variety of recreational activities, including sports tournaments, fitness classes, and cultural events, to promote physical health and well-being among staff members.
- To create opportunities for staff members to socialize, network, and build camaraderie through informal gatherings, social outings, and community-building events.
- To facilitate work-life balance by offering recreational facilities and amenities on campus, such as sports fields, gymnasiums, and relaxation spaces.
- To promote mental health and stress relief through mindfulness activities, relaxation techniques, and wellness workshops designed to help staff members manage stress and maintain a healthy work-life balance.
- To celebrate achievements and milestones of staff members through recognition events, award ceremonies, and appreciation activities.
- To encourage staff members to pursue personal interests and hobbies by providing resources, support, and opportunities for creative expression and skill development.



# ACTIVITIES 2018 - 2023

## ANNUAL TOURNAMENT - 2019



A Two-day sports event was organized by Staff Recreation club, Alagappa University at 9th and 16th march 2019. The event was specially conducted for teaching and non-teaching staff's at both AUCPE and Staff Recreation club. Prof. H. Gurmallesh Prabhu, Registrar, Alagappa University, presided over the function.

### Badminton For Teaching Staff's

#### Badminton Winners (Men)

Player I- Dr. Muthurasu  
Player II- Dr. Kamaladhasan  
Player III- Dr. G. Gopu  
Player IV - Dr. Thirunavukarasu

#### Badminton Winners (Women)

Player I- Dr. B. Menaka  
Player II- Dr. Merlin Sasikala

#### Badminton Runners (Men)

Player I- Dr. Raja  
Player II- Dr. Prabakaran  
Player III- Dr. Jeyabalan  
Player IV- Dr. Kannadhasan

#### Badminton Runners (Women)

Player I- Dr. G. Rajeshwari  
Player II- Dr. M. Suganthi

### Badminton For Non-Teaching Staff's

#### Badminton Winners (Men)

Player I- Mr. Shyam Sundar  
Player II- Mr. Saravana Prabhu  
Player III- Mr. Vasanth  
Playeriv- Mr. Dhayanithi

#### Badminton Runners (Men)

PlayerI-Mr. Muthukumar  
Player II- Mr. Karthick  
Player Iii- Mr. Ramesh  
Player Iv- Mr. Prakash

## BADMINTON WINNERS & RUNNERS (MEN)



## BADMINTON WINNERS & RUNNERS (WOMEN)



## CHESS COMPETITION



### CHESS WINNER

Mr. S. MANIKANDAN

### CHESS RUNNER

Mr. S. A. RAJAMANIKAM

## CHESS COMPETITION



### CARROM WINNER (MEN)

PLAYER I- Dr. SELVAKUMAR

### CARROM RUNNER (MEN)

PLAYER I- Mr. VASANTH

### CARROM WINNER (WOMEN)

PLAYER I- Dr. M. SUGANTHI

### CARROM RUNNER (WOMEN)

PLAYER I-Dr. MERLIN SASIKALA

FROM 2020-2022- CLOSED DUE TO CORONA  
2023- RENOVATION GOING ON

