



Dr.K.DIVYA

Assistant Professor

Contact

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Academic Qualifications

Degree	Institution	Year	Branch	Class
Ph.D	Alagappa University, Karaikudi	2009-2011 (Mar-2012)	Physical Education	Awarded
N.E.T.	University Grant Commission, New Delhi.	Dec-2012	Physical Education	(UGC Ref No: 30891)
M.Phil	Alagappa University, Karaikudi	2007-08 (June-2008)	Physical Education	I
M.P.Ed	Alagappa University, Karaikudi	2005-07 (Apr-2007)	Physical Education	I University Gold Medal
M.Sc	Koviloor TNPE&SU, Chennai	May-2011	Yoga	I
B.P.Ed	Sri Saradha College of Physical Education Periyar University, Selam	2004-05 (Apr 2005)	Physical Education	I with Distinction

B.A.,	Holy Corss College, Trichy Bharathidasan University, Trichy	2001-04 (May2004)	Economics	II
PGDSM	Alagappa University , Karaikudi	2006-07 (Sept 2006)	PG,Diplomain Sports Management	II
N.I.S. (Fencing)	SAI, NSNIs, Patiala	2007-08 (June-2007)	Certificate Course in Sports Coaching	II
N.I.S. (Kho-Kho)	SAI, NSNIS Bangalore	2006-07 (June2006)	Certificate Course in Sports Coaching	I
TTCY	Teacher Training Certificate course in Yoga	Dept.Physical Education Alagappa University, Karaikudi.	2008 Apr-2008	I

Teaching Experience

Total Teaching Experience : 11 Years

Position	Institution	Duration
Assistant Professor	Alagappa Univeristy College of Physical Education, Karaikudi	Since 04.03.2013
Koviloor Andavar College of Physical Education, Koviloor, karaikudi	Assistant Professor	July 1 st 2011 to 2 nd March 2013

Research Experience

Total Research Experience : 11 Years

Position	Institution / University	Duration
Assistant Professor	Alagappa University College of Physical Education, Karaikudi	Since 04.03.2013

Funded Research Projects

S.No	Position	University Bodies	Period	
			From	To
1	Deputy Warden	AUCPE Women Hostel	25.05.2023	Till Date
2	Program Officer	National Service Scheme	19.12.2016	Till Date
3	Program Officer	Red Ribbon club	Since 2014	Till Date
4	Warden	AUCPE Women Hostel	05.07.2019	24.05.2023
5	Deputy Warden	AUCPE Women Hostel	11.06.2015	08.05.2017

Areas of Research

Sports Training, Sports Physiology, Yoga

Research Supervision / Guidance

Program of Study		Completed	Ongoing
	Ph.D	2	3
	M.Phil	9	-
Project	PG	20	3

Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
8	4	24	16	

Cumulative Impact Factor (as per JCR) :

h-index :5

i10 index :1

Total Citations :52

Completed Projects:

S.No	Agency	Period		Project Title	Budget (Rs. In lakhs)
		From	To		
1	AURF- (SUG)	2017 - 2019		Impact of yogic Practice, Walking and Combined Training on Selected Lipid Profile of College Women Students	50,000
2	AURF- (IDRP)	2017-2019		Effect of yogic Practice on Selected Physical Physiological and Psychological Variables among School Students	3,00,000

Distinctive Achievements/Awards

- Certificate of Appreciation of Support and Contribution towards the Community recognized by Alagappa University, Centre for Gandhian Studies held on 3rd October 2022.
- Best researcher Award recognized by D.K. International Research Foundation, Madurai held on 29th December 2019

Events organized in leading roles

Number of Seminars / Conferences / Workshops / Events organized:

Position	Programme	Duration	Institution
Organizing Secretary	Yoga for harmony of body and mind (ICYHBM)	24.10.2019 & 25.10.2019	Alagappa University college of Physical Education, Karaikudi

Events Participated

Number of Conferences / Seminars / Workshops: 34

Membership

Professional Bodies

1. Life member of D.K. International Research Foundation, since 2019
2. Life Member of National Association of Physical Education and Sports(NAPES-INDIA)

Advisory Board

Year / Period	Name of the BoS / Administrative Committee / Academic Committee	Role
2023	Alagappa University College of Physical Education	Member
2018	Alagappa University College of Physical Education	Member

Ph.D. Thesis Guided

1.	No. of Ph.D Thesis evaluated	:	1
2.	No. of PhD Public Viva Voce Examination conducted	:	1

S. No	Name of the Scholar	Title of the Thesis	Year of Completion
1.	R.Rajkumar	Effect of Different Packages of Training on Selected Motor Ability Components and Physiological Variables of Football Players	2022

List of Research Articles / Recent Publications

S.No	Author Details and Title of Paper	Impact Factor
1	Ravi, P., & Divya, K. (2024). Improving athletic abilities: The role of circuit training in student populations, <i>International Journal of Yogic, Human Movement and Sports Sciences</i> , 9(1), 75 – 79.	-
2	Sakthi, K. M., & Divya, K. (2023). Physiological Parameters Response To Hydraulic Resistance Training Of College Students: A Study Of Women Health. <i>Journal of Pharmaceutical Negative Results</i> , 14(1), 33-37.	-
3	Manosakthi, K., & Divya, K.(2023). Insulated And United Influence Of Hydraulic Resistance And Ladder Agility Training On Selected Lipid Profile Among Working Women, <i>European Chemical Bulletin</i> ,12(4), 4723-4731.	-
4	Sakthi, K. M., & Divya, K. (2023). Physiological Parameters Response To Hydraulic Resistance Training Of College Students: A Study Of Women Health. <i>Journal of Pharmaceutical Negative Results</i> , 14(1), 33-37.	-
5	Pramod,R. , & Divya,K. ,(2023). Effects of inter-set recovery of plyometric training on anaerobic power and explosive power performance of boys. <i>J. Pharm. Negat. Results</i> , 14, 1727.	-

Resource persons in various capacities

National Conferences	:	1
International Conferences	:	2
Invited Lectures	:	1