



Dr. K. M. M. Jaskar
Assistant Professor

Contact

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Academic Qualifications

Degree	Institution	Year	Branch	Class
Ph.D	Manonmaniam Sundaranar University	2015	Physical Education	Exemplary
M.Phil	Annamalai University	1999	Physical Education	I
M.P.E.S	Annamalai University	1998	Physical Education	I
B.P.E	Lakshmi Bai National Institute of Physical Education	1996	Physical Education	I

Teaching Experience

Total Teaching Experience : 15 Years

Position	Institution	Duration
Assistant Professor	AUCPE	1 St Feb 2016 - Till Date
Physical Director	National College of Engineering	30.10.2000 - 31.01.2016

Research Experience

Total Research : 08 Years
Experience

Position	Institution / University	Duration
Assistant professor	Alagappa University College of Physical Education	08

Academic and Additional Responsibilities

S.No	Position	University Bodies	Period	
			From	To
1	Deputy Warden	Alagappa University College of Physical Education Men's Hostel	2019	Onwards
2	University Representative	Distance Education Examinations	2016	Onwards

Areas of Research

- Sports training, Yoga

Research Supervision / Guidance

Program of Study		Completed	Ongoing
Research	Ph.D.		04
	M.Phil.	01	
Project Research	P. G	21	3

Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
13	11			

Cumulative Impact Factor (as per JCR) :

h-index :03

i10 index :01

Total Citations :37

Distinctive Achievements / Awards

- SEVAL CHEMMAL AWARD – 05/02/2022 South Indian social Cultural Academy

Events organized in leading roles

Number of Seminars / Conferences / Workshops / Events organized:

POSITION	PROGRAMME	DURATION	INSTITUTION
Organizing Secretary	State Level Para – Badminton Tournaments	20 th to 21 st January 2018	Alagappa University College of Physical Education
Organizing Secretary	Alagappa University Inter collegiate athletic meet 2017-18	9 th December 2017	Alagappa University College of Physical Education

Events Participated

Number of Conferences / Seminars / Workshops:

Membership

Professional Bodies

- Membership Name1
- Membership Name2

Advisory Board

Year / Period	Name of the BoS / Administrative Committee / Academic Committee	Role
2022 onwards	BoS, Alagappa university college of physical education	Member
2018 onwards	BoS, Alagappa university college of physical education	Member

Academic Bodies in other Institutes/ Universities

Year / Period	Name of the BoS / Administrative Committee / Academic Committee	Role
2023 onwards	Tamil Nadu Physical Education and Sports University SDE-Board of Studies	Member

List of Research Articles / Recent Publications

S. No	Authors/Title of the paper/Journal	Impact Factor
1	Pounraj. C, K.M.M. JASKAR (2023) Effect of Jump Rope Training and Kettlebell Exercise on Selected Physical Variables among School Level Badminton Players. Education and Society ISSN: 2278-6864, Volume 46 2023. PG: 135-139	5.74
2	Pounraj. C, K.M.M. JASKAR (2023) Impact of Battle Rope Training and Kettlebell Exercise on Selected Physical Variables among School Level Badminton Player. European Chemical Bulletin. ISSN-2063-5346, Volume 12, Issue 5 (A)	3.71
3	Kalimuthu. A, K.M.M. JASKAR (2023) Effectiveness of Suryanamaskar Practices on Cognitive Anxiety and Somatic Anxiety among Handball Players. Education and Society ISSN: 2278-6864, Volume 46 2023.	5.74
4	Kalimuthu. A, K.M.M. JASKAR (2023) Impact of Suryanamaskar Practices on Anaerobic Capacity and Fatigue Index among Handball Players. Journal of Xi'an Shiyou University, Natural Science Edition ISSN: 1673-064X Volume 18 Issue 4	5.6
5	Ashock. A, K.M.M. JASKAR (2024) Effect of Plyometric and Agility Training on College Men Basketball Players. The Journal of Oriental Research Madras ISSN: 0022-3301	7.19

Resource persons in various capacities

National Conferences :
International Conferences : 02
Invited Lectures :